

THE ULTIMATE GUIDE TO **INDOOR FUN**

ACTIVITIES LIST



THE
DIGITAL
CRAFTER

Fun Activities for Adults

1. **Read a great book.** Choose a fantastic book and read it from cover to cover.
2. **Create your own film festival.** Create a list of related films to watch and start making your way through that list.
3. **Take an online class.** Dive deep into a subject by taking an online course.
4. **Plan a trip.** Map out the places you'll go on your next big trip.
5. **Take a virtual field trip.** Virtually explore great locations around the world, like museums, national parks, and even the Great Wonders of the World.
6. **Connect with family and friends.** Catch up with those who matter most to you, either on the phone or through an app.
7. **Practice meditation.** Learn to calm your mind, relax your body, and focus entirely on the present.
8. **Keep a gratitude journal.** Increase your happiness by writing down things for which you're grateful.
9. **Get some exercise.** Get your body moving and blood pumping with an indoor workout.
10. **Watch a TED talk.** Listen to experts deliver inspiring talks on a variety of subjects.
11. **Declutter your closets.** Get rid of all the things you don't need that are cluttering your closets.
12. **Take a nap.** Rest and recharge with a lengthy nap or a much shorter power nap.
13. **Explore Reddit.** Make your way through thousands of online forums on every subject imaginable.
14. **Learn to play an instrument.** Finally learn how to play that instrument you've always wanted to play.
15. **Take up a new hobby.** Follow your interests and start a new hobby.

Fun Activities for Families

1. **Play a game.** Enjoy a classic like Monopoly or find a new game your family will love.
2. **Read a book together.** Introduce your kids to great books and foster in them a love of reading.
3. **Clean and declutter.** Work with your family to tidy up all those spaces that are out of order.
4. **Build a fort.** Use cushions, chairs, and blankets to build a fort for you and your kids.
5. **Learn how to code.** Introduce your kids to coding apps, websites, and games.
6. **Create a family website.** Use a simple website builder to create a family website.
7. **Make a movie.** Use your smartphone to film and edit a movie starring your family.
8. **Have a dance party.** Create a playlist of your favorite dance tunes and get everybody on the dance floor.
9. **Play indoor sports.** Create competition and burn off energy with indoor sports.
10. **Make a sensory table.** Let your kids feel and try to identify a variety of textured objects.
11. **Write letters to loved ones.** Have every family member write a letter by hand to someone they love.
12. **Play word games.** Increase everyone's vocabulary and have fun with classic word games like Mad Libs, crossword puzzles, and word searches.
13. **Have a pizza party.** Give everyone their own dough and let them make creative pizzas.
14. **Do an indoor campout.** Create an indoor "campsite" and sleep there instead of in bedrooms.
15. **Put on a puppet show.** Help your kids make puppets and then put on entertaining shows.
16. **Learn about new locations.** Choose a location, print out pictures of it, and learn interesting facts with your family.
17. **Go on a treasure hunt.** Create a series of clues that will eventually lead your kids to a prize.
18. **Do a challenge.** Turn a normal activity into a "challenge" which everyone can perform.